

Introduction to Mental Health Leads Training for new MHLs/Deputy MHLs

This training is provided by Hertfordshire County Council and is free for all education settings in Hertfordshire. The training is designed to give an overview of information and services to support your role as a school/college Mental Health Lead. Suitable for MHLs and Deputy MHLs who have had no formal training or are new to their role.

Topics include

- Staff wellbeing
- What is emotional wellbeing and mental health in children and young people
- What are the roles and responsibilities of a mental health lead in education
- Introduction to the Department for Education **Whole School/College Approach (WSCA) to Emotional and Mental Wellbeing**
- How to create or further develop your own WSCA action plan
- An overview of Children & Young Peoples Mental Health Services in Hertfordshire and how to access them
- Practical examples and sharing of good practice

Robertson House in person 9:30am to 3:30pm	Tuesday 30 th June 2026	Wednesday 30 th September 2026	Thursday 8 th October 2026	Tuesday 10 th November 2026	Monday 25 th January 2027
	Friday 26 th February 2027	Wednesday 17 th March 2027	Wednesday 21 st April 2027	Wednesday 26 th May 2027	Monday 14 th June 2027

Mental Health Leads Refresher Training

This training is provided by Hertfordshire County Council and is free for all education settings in Hertfordshire. The training is designed to give an overview of information and services to support your role as a school/college Mental Health Lead. Suitable for MHLs and Deputy MHLs who have had not accessed any training in the last two years.

Topics include

- Staff wellbeing
- Emotional wellbeing and mental health in children and young people
- Recap of the Department for Education **Whole School/College Approach (WSCA) to Emotional and Mental Wellbeing**
- Overview of Hertfordshire's Emotional Mental Wellbeing in Schools Mark
- An overview of Children & Young Peoples Mental Health Services in Hertfordshire and how to access them
- Practical examples and sharing of good practice

Online 9:15am-12:15pm	Wednesday 24 th June 2026	Wednesday 25 th November 2026	Wednesday 20 th January 2027	Tuesday 4 th May 2027	Tuesday 22 nd June 2027
Online 12:15pm-3:15pm	Tuesday 22 nd September 2026	Tuesday 9 th February 2027	Monday 8 th March 2027	Monday 19 th April 2027	

Places are limited to two representatives per education setting

To book your place please email schoolsmh@hertfordshire.gov.uk. **If you cannot attend the available dates, please contact us to be added to waiting lists for full sessions.**