

# Introduction to Mental Health Leads Training for new MHLs/Deputy MHLs

This training is provided by Hertfordshire County Council and is free for all education settings in Hertfordshire. The training is designed to give an overview of information and services to support your role as a school/college Mental Health Lead. Suitable for MHLs and Deputy MHLs who have had no formal training or are new to their role.

## Topics include

- Staff wellbeing
- What is emotional wellbeing and mental health in children and young people
- What are the roles and responsibilities of a mental health lead in education
- Introduction to the Department for Education **Whole School/College Approach (WSCA) to Emotional and Mental Wellbeing**
- How to create or further develop your own WSCA action plan
- An overview of Children & Young Peoples Mental Health Services in Hertfordshire and how to access them
- Practical examples and sharing of good practice

<b>Robertson House</b> in person	Monday 15 Sept 2025	Wednesday 19 Nov 2025	Wednesday 21 Jan 2026	<b>9:15pm to 3:30pm</b>
<b>Online</b>		Wednesday 15 Oct 2025	Tuesday 3 Mar 2026	<b>9:30pm to 3pm</b>

## Mental Health Leads Refresher Training

This training is provided by Hertfordshire County Council and is free for all education settings in Hertfordshire. The training is designed to give an overview of information and services to support your role as a school/college Mental Health Lead. Suitable for MHLs and Deputy MHLs who have had not accessed any training in the last two years.

## Topics include

- Staff wellbeing
- Emotional wellbeing and mental health in children and young people
- Recap of the Department for Education **Whole School/College Approach (WSCA) to Emotional and Mental Wellbeing**
- Overview of Hertfordshire's Emotional Mental Wellbeing in Schools Mark
- An overview of Children & Young Peoples Mental Health Services in Hertfordshire and how to access them
- Practical examples and sharing of good practice

<b>Online</b>	Tuesday 23 Sept 2025	Thursday 13 Nov 2025	Monday 12 Jan 2026	Tuesday 24 Mar 2026	<b>9:15pm to 12:30pm</b>
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To book your place please email [schoolsmh@hertfordshire.gov.uk](mailto:schoolsmh@hertfordshire.gov.uk)

**Places are limited to two representatives per education setting**