

Introduction to Autism (Level 1)

This online training will take about 30 minutes to complete.

- Some basic principles of autism
- Challenging some myths and stereotypes
- The strengths and areas differences
- Simple reasonable adjustments and strategies for practitioners to consider

To complete please visit:

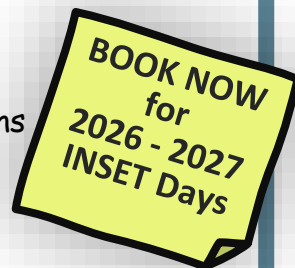
[Autism eLearning form \(hertfordshire.gov.uk\)](https://hertfordshire.gov.uk/autism-elearning-form)



Level 2: Autism in School

Whole setting INSET day or 2 x 2-hour twilight sessions

- To dispel myths and to challenge stereotypes.
- To develop a deeper understanding of Autism
- To better understand the day-to-day experience of those with Autism
- To be equipped with tools to support



To book, please email us at autismtraining@hertfordshire.gov.uk with HAT Level 2 in the subject box.

Include approximate staff numbers; whether twilight or full day; and potential dates for delivery.



Level 2 Courses

The training workshops all take place online.
Register by using the links or QR codes provided in this flyer.

Autism & Sensory

Thursday 5th November 2026 09.30 - 11.30

- Understand how sensory integration typically develops and how it may impact on autistic children/young people
- To understand how sensory differences may impact on autistic children/young people
- To have a range of strategies and approaches to support those with sensory differences



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-sensory-workshop-5th-november-2026>

Autism & Anxiety

Wednesday 14th October 2026 09.30 - 11.30

- To gain fuller understanding of anxiety.
- To know how anxiety can affect autistic children & young people/those with social communication differences
- To provide strategies to support those with anxiety



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-anxiety-workshop-14th-october-2026>

Autism & Pupil Voice

Wednesday 30th September 2026 09.30 - 11.00

- To increase understanding of the spectrum of Autism and the key areas of difference
- To understand why it is important to listen to what children and young people have to say
- To know why Pupil Voice is important for children and young people with Autism
- To develop a range of strategies and approaches to support children and young people with Autism to communicate their views



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-pupil-voice-workshop-30th-september-2026-0930am>

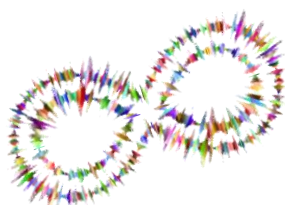
Autism & Girls

Tuesday 3rd November 2026 09.30 - 11.30

- To increase understanding of autism in girls
- To develop helpful strategies and approaches to support autistic girls/those with social communication differences



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-girls-workshop-3rd-november-2026>



Autism, ADHD & Emotions

Tuesday 24th November 2026 09.30-11.30

- To understand what impact the emotional regulation of autistic/ADHD children and young people
- To develop a system of proactive support for autistic/ADHD children to better manage their emotions

To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-adhd-and-emotion-24th-november-2026>



Autism and Brick Skills

Tuesday 20th October 2026 09.30-11.00

- To make social groups motivating for pupils with social communication differences
- To understand why and how to bring structure and visual organisation into social activities
- To learn how to facilitate a brick skills group

To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-brick-skills-workshop-20th-october>



Level 3 Courses

The training workshops all take place online.
Register by using the links or QR codes provided in this flyer.

Autism & Understanding Behaviours

Thursday 8th October 2026 09.30-11.30

- To understand how autism impacts the way a child/young person processes and responds
- To better understand behaviour as communication and the purpose of behaviour for the individual child.=
- To be equipped with strategies and tools to analyse behaviour in line with the graduated response and work therapeutically to support and manage the need



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-understanding-behaviour-workshop-8th-october-2026>

Autism & Demand Avoidance

Thursday 12th November 2026 09.30 - 11.30

- To develop an understanding of demand avoidance
- To understand and identify anxiety
- To develop helpful strategies and approaches to support autistic children & young people with demand avoidance responses



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-demand-avoidance-workshop-12th-november-2026>

Social Stories

Monday 21st October 09:30 -11:30

- To recognise why Social Stories are a useful tool to support social understanding
- To understand what a Social Story is... and what it is not
- To learn how to write an effective social story



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-social-stories-workshop-21st-october-2026>

Autism & EBNA

Tuesday 17th November 2026 09.30 -11.30

- What is EBNA and why is it different for autistic children/young people/those with social communication differences
- How to identify early signs of EBNA and steps to ensure early intervention
- How to develop school-wide policy to ensure effective practice



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-emotion-based-non-attendance-17th-november>

Autism, Puberty & Sexual Vulnerability

Friday 13th November 2026 09.30-11.30

- To know how to support young people to understand how their bodies are changing
- To know how to support young people to understand sexual relationships
- To know how to support young people to understand the difference between public and private
- To know how to support young people to keep themselves safe



To book please visit: <https://events.hertfordshire.gov.uk/send-academy/hat-puberty-and-sexual-vulnerability-workshop-13th-november-2026>

Please Note

Workshops are suitable for practitioners working with children aged 5 and upwards, with the exception of:

- ✓ Demand Avoidance suitable for practitioners working with children aged 7 and upwards.
- ✓ Autism and EBNA suitable for practitioners working with children aged 9 and upwards.
- ✓ Social Stories suitable to practitioners working with children aged 7 and upwards.
- ✓ Autism Puberty & Sexual Vulnerability suitable for practitioners working with children aged 9 and upwards.