

## Introduction to Autism (Level 1)

This online training will take about 30 minutes to complete.

- Some basic principles of autism
- Challenging some myths and stereotypes
- The strengths and areas differences
- Simple reasonable adjustments and strategies for practitioners to consider

To complete please visit:

[Autism eLearning form \(hertfordshire.gov.uk\)](https://www.hertfordshire.gov.uk/autism-elearning-form)



## Level 2: Autism in School

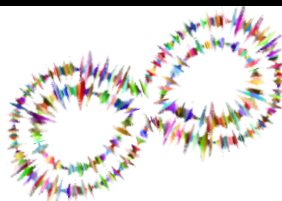
Whole setting INSET day or 2 x 2-hour twilight sessions

The aims of the training are:

- To dispel myths and to challenge stereotypes.
- To develop a deeper understanding of Autism
- To better understand the day-to-day experience of those with Autism
- To be equipped with tools to support



To book, please email us at [autismtraining@hertfordshire.gov.uk](mailto:autismtraining@hertfordshire.gov.uk) with HAT Level 2 in the subject box. Include approximate staff numbers; whether twilight or full day; and potential dates for delivery.



## Level 2 Courses

The training workshops all take place online.  
Register by using the links or QR codes provided in this flyer.

### **Autism & Sensory** **Thursday 5<sup>th</sup> March 2026 09.30 – 11.30**

- Understand how sensory integration typically develops and how it may impact on autistic children/young people.
- To understand how sensory differences may impact on autistic children/young people.
- To have a range of strategies and approaches to support those with sensory differences.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-sensory-workshop-5th-march-2026>



### **Autism & Anxiety** **Wednesday 4<sup>th</sup> February 2026 09.30 – 11.30**

- To gain fuller understanding of anxiety.
- To know how anxiety can affect autistic children & young people/those with social communication differences.
- To provide strategies to support those with anxiety.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-anxiety-workshop-4th-february-2026>



## Autism & Brick Skills

**Wednesday 21<sup>st</sup> January 2026 09.30 - 11.00**

- To make social groups motivating for pupils with social communication differences.
- To understand why and how to bring structure and visual organisation into social activities.
- To learn how to facilitate a brick skills group.

**To book please visit**

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-brick-skills-workshop-21st-january-2026>



## Autism & Girls

**Tuesday 10<sup>th</sup> February 2026 09.30 - 11.30**

- To increase understanding of autism in girls
- To develop helpful strategies and approaches to support autistic girls/those with social communication difficulties

**To book please visit:**

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-girls-workshop-10th-february-2026>



## Level 3 Courses

The training workshops all take place online.  
Register by using the links or QR codes provided in this flyer.

### **Autism & Understanding Behaviours**

**Wednesday 18<sup>th</sup> March 2026 09.30am-11.30am**

- To understand how autism impacts the way a child/young person processes and responds.
- To better understand behaviour as communication and the purpose of behaviour for the individual child.
- To be equipped with strategies and tools to analyse behaviour in line with the graduated response and work therapeutically to support and manage the need.

**To book please visit:**

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-understanding-behaviour-workshop-18th-march-2026>



### **Autism & Demand Avoidance**

**Tuesday 24<sup>th</sup> February 2026 09.30am - 11.30am**

- To develop an understanding of demand avoidance.
- To understand and identify anxiety.
- To develop helpful strategies and approaches to support autistic children & young people with demand avoidance responses.

**To book please visit:**

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-demand-avoidance-workshop-24th-february-2026>



## Social Stories

**Tuesday 3<sup>rd</sup> February 09:30am - 11:30am**

- To recognise why Social Stories are a useful tool to support social understanding.
- To understand what a Social Story is... and what it is not.
- To learn how to write an effective social story.



**To book please visit:**

<https://events.hertfordshire.gov.uk/send-academy/hat-social-stories-workshop-3rd-february-2026>

## Autism & EBNA

**Thursday 19<sup>th</sup> March 2026 09.30am - 11.30am**

- What is EBNA and why is it difference for autistic children/young people/those with social communication differences.
- How to identify early signs of EBNA and steps to ensure early intervention.
- How to develop school-wide policy to ensure effective practice



**To book please visit:**

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-emotion-based-non-attendance-19th-march-2026>

### Please Note

Workshops are suitable for practitioners working with children aged 5 and upwards, with the exception of:

- ✓ Demand Avoidance suitable for practitioners working with children aged 7 and upwards.
- ✓ Autism and EBNA suitable for practitioners working with children aged 9 and upwards.
- ✓ Social Stories suitable to practitioners working with children aged 7 and upwards.
- ✓ Autism & Puberty suitable for practitioners working with children aged 9 and upwards.