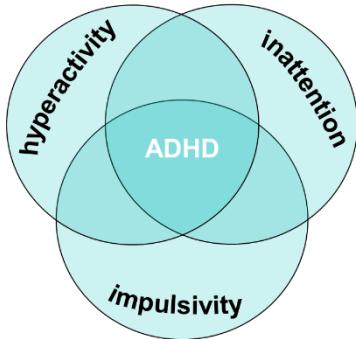




## Hertfordshire ADHD Training



# Free Training ADHD & Girls (online)

**11<sup>th</sup> February 2026, 9:30am to 11:30am**

**19<sup>th</sup> May 2026, 9:30am to 11:30am**

This online training is a follow-on from the full day/two twilight ADHD training (Although it is not essential to have completed this to access the course). To book, please email [ADHDTraining@hertfordshire.gov.uk](mailto:ADHDTraining@hertfordshire.gov.uk) with your name and setting. Your booking will be confirmed by email.

### Aims of the training:

- To further develop your **understanding of ADHD** and its typical impact and presentation in females
- To give you **practical ideas and strategies** to support learners with ADHD to achieve their full potential
- To build a **pro-active and positive** culture of understanding ADHD

**Suitable for those teaching in primary or secondary in mainstream, Educational Support Centres or special schools.**  
**Not advised for Early Years teachers.**