



## Delivering Special Provision Locally

### DSPL9 Parent, Carer and Family Newsletter

7<sup>th</sup> February 2024

Welcome to the 10th DSPL9 newsletter for the academic year 2023/24 .

This provides school colleagues and families with recent and current local SEND information with a focus on **Parents and Families**.

This newsletter will be published fortnightly. Next edition :28<sup>th</sup> February 2024 (after half term)

Please contact Triage [enquiries@dsplarea9.org.uk](mailto:enquiries@dsplarea9.org.uk) if your child or young person has multi complex needs that you require further support with.

**Please note: all booking links, emails, phone numbers are given alongside each course detail.**

**DSPL9 or Triage are unable to make any bookings for you.**

#### **New this edition**

- Potential Kids have some new sessions to tell you about including table top games and D&D club for 13 plus which is run by the tech team.  
They are also thrilled to introduce their first Roller Skating session at Campus West Roller City for 8 plus.
- DSPL9 are holding support groups for parents and carers of children and young people who are experiencing EBSA.

#### **Don't Miss Out!**

- Just Talk would like to hear your views
- Talking Families from Supporting Links is now available online.
- Nessi offer webinars to help parents and carers support their children and young people.



# FEBRUARY 2024

BOOKINGS:

[www.potentialkids.org.uk/activities](http://www.potentialkids.org.uk/activities)

# POTENTIAL KIDS

Date		Sessions	Time
1st	Thu	STEAM Home Education	10.30 - 12.00
1st	Thu	Trampolining 5 yrs+	16.45 - 18.00
1st	Thu	<b>*New* Tabletop Games &amp; D&amp;D Club 13+yrs</b>	17.30 - 19.30
2nd	Fri	Minecraft On site	18.30 - 20.30
3rd	Sat	<b>*New* Soft Archery 7yrs+</b>	16.00 - 17.00
7th	Wed	Bushcraft 8 - 11 yrs Bushcraft 12 - 16 yrs	12.30 - 14.00 14.00 - 15.30
8th	Thu	STEAM Home Education	10.30 - 12.00
9th	Fri	Youth Group 16+	18.30 - 20.30
9th	Fri	Community Connect Drop In - Warm Spaces	11.00 - 13.00
10th	Sat	Family Football - Drop In	16.00 - 17.00
11th	Sun	Minecraft On site & Remote	13.00 - 15.00
13th	Tue	CREATE Group 4-11yrs	16.30 - 18.00
14th	Wed	Bushcraft 8 - 11 yrs Bushcraft 12 - 16 yrs	12.30 - 14.00 14.00 - 15.30
15th	Thu	STEAM Home Education	10.30 - 12.00
15th	Thu	Trampolining 5 yrs+	16.45 - 18.00
15th	Thu	<b>*New* Tabletop Games &amp; D&amp;D Club 13+yrs</b>	17.30 - 19.30
16th	Fri	Minecraft On site	18.30 - 20.30
16th	Fri	Community Connect Drop In - Warm Spaces	11.00 - 13.00
17th	Sat	Family Football - Drop In	16.00 - 17.00
<b>***Half Term Fun***</b>			
19th	Mon	Arts, Crafts & Design 13+ yrs	12.30 - 14.00
19th	Mon	Cooking & Crafts 4 - 12 yrs	10.30 - 12.00
19th	Mon	Fun Zone	19.00 - 20.45
20th	Tue	<b>*New* SEN Roller Skating 8+ yrs</b>	18.00 - 17.30
22nd	Thu	Trampolining 5 yrs+	17.45 - 19.00
27th	Tue	Craft & Chat Social Group 12-16yrs	16.30 - 18.30
28th	Wed	Bushcraft 8 - 11 yrs Bushcraft 12 - 16 yrs	12.30 - 14.00 14.00 - 15.30
29th	Thu	STEAM Home Education	10.30 - 12.00

**OCN**  
London



Opportunities for Duke of Edinburgh DoE and Work Experience

Approved Education Centre Delivering Nationally Accredited Qualifications

Learning, Social & Communicational Support for everyone through our inclusive programmes

**PK Hub & Garden**



**PK Garden**

Therapeutic Gardening 1:1 & Group Sessions

Contact us for details of our PK Offer

Tutoring  
Teaching  
Mentoring  
Therapies  
1:1 & Group Work  
Alternative provision  
EOTAS



Neurodivergent  
PK TECH TEAM



**Danecroft Stables**

1:1 Horse Riding  
Groundworks/Care  
Equine Therapy  
Sessions



For further information on any of our Activities or Educational Services please email us at [info@potentialkids.org](mailto:info@potentialkids.org)

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OUTLET SHOPPING

COMMUNITY  
FUND



SPORT  
ENGLAND





Delivering Special  
Provision Locally



**DSPL 9**



**Parent/carer monthly**  
**Emotional Based School Avoidance (EBSA) Support Groups**

**Does your child's school avoidance affect you as a parent?**

**Would you like a safe space to share your experiences with others?**

DSPL 9 will be holding monthly sessions for parents with children experiencing EBSA to share their experiences and seek support from a range of professionals attending each of the sessions.

Date	Time	Focus/guest speakers	Eventbrite Link
March	Monday 11 <sup>th</sup> March 2024 1-2.30pm	TBC	<a href="https://www.eventbrite.co.uk/e/718389411067?aff=oddtcreator">https://www.eventbrite.co.uk/e/718389411067?aff=oddtcreator</a>
April	Monday 22 <sup>nd</sup> April 2024 1-2.30pm	TBC	<a href="https://www.eventbrite.co.uk/e/718390724997?aff=oddtcreator">https://www.eventbrite.co.uk/e/718390724997?aff=oddtcreator</a>
May	Monday 13 <sup>th</sup> May 2024 1-2.30pm	TBC	<a href="https://www.eventbrite.co.uk/e/718391066017?aff=oddtcreator">https://www.eventbrite.co.uk/e/718391066017?aff=oddtcreator</a>
June	Monday 17 <sup>th</sup> June 2024 1-2.30pm	TBC	<a href="https://www.eventbrite.co.uk/e/718391707937?aff=oddtcreator">https://www.eventbrite.co.uk/e/718391707937?aff=oddtcreator</a>

All sessions will be held remotely via Microsoft Teams. Once you have booked you via Eventbrite you will be sent the MT link.

Each meeting will be attended by two Family Support Workers and two Nessie therapists as well as the DSPL 9 Manager and SEND Lead.

Each session will start with all parents in one group, followed by the use of breakout rooms to enable age specific conversations and discussions to take place. The session will then end with all parents coming together.



#5WAYSHERTS

FIND OUT MORE AT  
JUSTTALKHERTS.ORG



Just Talk are asking you to complete the following surveys. The survey will ask for views on subjects such as weight management, fitness, nutrition, and overall health. The purpose of gathering this information is to give services users an opportunity to feedback as well as enable effective commissioning and service delivery that meets the needs of Hertfordshire residents.

The survey should take 5 -10 mins to complete, the closing date is 4th February.

#### **For Parents/Carers**

If you have had experience of our children and young people's Healthy Weight Service (provided by BeeZee Bodies), or you have views on this topic, we want to hear from you.

Your views are important and can help us understand how to provide services in the future.

Our survey will ask you about things like weight management, fitness, and nutrition, and you'll have the chance to win a £50 food voucher.

<https://surveys.hertfordshire.gov.uk/s/CYPHealthyWeightServiceParentCarer/>



#### **For children and young people**

If you are a young person aged 8-18 living in Hertfordshire, we want to know if you have been helped by our Healthy Weight Service and what you think about things like being a healthy weight, keeping fit and eating well.

Please fill in our survey. Your ideas will help us understand how to help people in the future.

You can ask a parent or carer to help you if you want to.

You'll have the chance to enter a prize draw to win a £50 sports shop voucher.

<https://surveys.hertfordshire.gov.uk/s/CYPHealthyWeightService/>





# TALKING FAMILIES



**Thursdays 9.45-11.15am** Course: ID 622  
**8th, 15th, 29th February & 7th, 14th  
21st March 2024**

**NOW ONLINE!**

**6, weekly sessions for  
parents and carers of children  
aged 0-12 sharing tips on how  
to:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

**Groups are delivered by Zoom and  
are open to parents, carers,  
grandparents and guardians living,  
or with a child in school, in  
Hertfordshire.**

**'Every parent should do this course!  
It has taught me so much about how to  
deal with family life.'**

**Booking essential**

**Please quote the course ID**

**To check eligibility and book a place,  
contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



These courses are provided free to  
participants by Hertfordshire County  
Council's Targeted Parenting Fund



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.



## Upcoming Free Parent/Carer Webinars in Hertfordshire

<b>Tuesdays</b> 9th Jan - 5th Mar	<b>Online Peer Support Group for Parents/Carers of Children Avoiding School - 8 Week Course</b>	9:30am - 11:00am
<b>Thursday</b> 18th Jan	<b>Supporting Children/Young People with Anxiety</b>	9:30am - 11:00am
<b>Thursday</b> 8th Feb	<b>Supporting Children/Young People who Struggle to Attend School</b>	9:30am - 11:00am
<b>Thursday</b> 7th Mar	<b>Supporting Children/Young People who are LGBTQ+ or Gender Questioning</b>	9:30am - 11:00am
<b>Tuesday</b> 12th Mar	<b>Supporting Children/Young People with Bereavement and Loss</b>	9:30am - 11:00am
<b>Wednesday</b> 13th Mar	<b>Supporting a Child/Young Person with Self-Harming Behaviours</b>	9:30am - 11:00am

To book visit <https://nessieined.com/>  
or use this link <https://procfu.com/nepubbooking>

Please note that these webinars are live and may run over.



*Helping children and young people thrive*

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